



Hay River Health & Social Services Authority | Administration des services de santé et des services sociaux de Hay River
37911 MacKenzie Highway | 37911 route Mackenzie
Hay River, NT X0E 0R6 | ☎ (867) 874-8000 📠 (867) 874-8141

CALL FOR VOLUNTEERS

The Hay River Health and Social Services Authority is looking for volunteers to assist with the Meals on Wheels Program!



What is Meals on Wheels:

- The HRHSSA Home Care program offers nutritious meals to clients in their home
- The meals provided comply with Canada's Food Guide
- Meals are prepared by HRHSSA dietary staff and delivered to the client's home by volunteers
- Clients live in all areas of Hay River including Vale Island and West Channel

How you can help as a volunteer:

- Volunteers use their own vehicles to deliver meals
- It takes approximately one hour to deliver the meals
- Meal delivery starts at 11:00 am
- Volunteers are assigned a schedule to deliver meals based on availability
- Casual volunteers are available to fill in when regular volunteers are away

**If you are interested in becoming a volunteer,
please contact Home Care at (867) 874-8400**